

Find Your Lost Items Around the House with Sticker Tracker and Mobile Phone Technology



Sticker trackers (such as a Tile by Life360 Sticker) are a compact way to keep track of your most misplaced items. By following a simple setup process, you can pair adhesive

trackers to your glasses, wallet, and keys, and manage them directly from your iOS or Android device. [\[1, 2, 3, 4, 5\]](#)

Phase 1: Preparation & Setup

Before sticking anything to your belongings, sync the tracker to your phone. [\[1\]](#)

1. Download the App: Download the tracking app (like Life360 for Tile, or the native app for your specific brand) from the Apple App Store or Google Play Store.
2. Create an Account: Open the app and follow the on-screen prompts to create an account and verify your email.
3. Turn on Permissions: Ensure your phone's Bluetooth is enabled and grant the app permission to access your Location Services.
4. Pair the Tracker: Tap the "+" (plus) or "Add Device" button in the app and select your tracker model. Press the button on your sticker tracker as instructed by the app to activate it. [\[1, 2, 3, 4, 5, 6\]](#)

Phase 2: Attaching the Trackers

Proper placement is critical, especially for items that undergo a lot of wear and tear.

1. Glasses: Clean the inside arm of your glasses with an alcohol wipe to remove natural oils. Peel the backing off the tracker's adhesive, align it on the inside of the frame near the hinge (where it won't touch your face), and press firmly for 10–15 seconds.
2. Wallet: Clean a flat, dry surface on the inside of your wallet or on a rigid card. Stick the tracker in a space that doesn't add too much bulk, such as an unused card slot or a flat pocket.
3. Keys: Attach the sticker directly to your key fob or to a sturdy flat keychain ring. [\[1\]](#)

Phase 3: How to Find Your Items

Once attached, you can find your items in a few different ways:

1. Ring Your Tracker: Open the app, locate the specific item in your list, and tap Find or Ring. The tracker will emit an audible beep (usually up to 100 decibels) to help you locate it in the house.
2. Check the Map: If you are outside Bluetooth range, open the app to view a map featuring the item's last known location.

3. Use Reverse Finding: If you have your item but lost your phone, double-press the button on your sticker tracker. Your phone will immediately ring, even if it is currently set to silent.