

Connecting your phone to a Bluetooth device—whether it's a pair of headphones, a portable speaker, or your car—is a quick process that usually only needs to be done once. After the first "pairing," your devices will typically find each other automatically.

Here is how to get it done on both iPhone and Android.



Step 1: Put your Audio Device in "Pairing Mode"

Before your phone can find your speaker or headphones, the device must be "searching" for a connection.

- **For Headphones/Speakers:** Most have a dedicated Bluetooth button (look for the $\text{B} \text{ } \text{B}$ symbol) or require you to hold the **Power** button for 3–5 seconds until a light flashes (usually blue and red).
- **For Cars:** Navigate to the **Bluetooth** or **Phone** settings on your car's dashboard display and select "Add Device" or "Pair Phone."

Step 2: Enable Bluetooth on your Phone

On iPhone (iOS)

1. Open the **Settings** app.
2. Tap **Bluetooth**.
3. Toggle the switch to **On** (it will turn green).

On Android

1. Swipe down from the top of the screen to open the **Quick Settings** menu.
2. Long-press the **Bluetooth** icon, or go to **Settings > Connected Devices > Connection Preferences > Bluetooth**.
3. Ensure Bluetooth is toggled **On**.

Step 3: Pair the Devices

Once Bluetooth is on, your phone will show a list of "Available Devices."

1. Look for the name of your device (e.g., "Sony WH-1000XM4" or "My Car").
2. **Tap the name** of the device.
3. If prompted with a pairing request or a passkey, tap **Pair** or **OK**.
4. Once connected, the status will change to "**Connected**" or "**Active**."



Step 4: Play your Music or Podcast

Now that the "handshake" between devices is complete, your audio will route through the Bluetooth device.

- **Music:** Open apps like Spotify, Apple Music, or YouTube Music and hit play.
- **Podcasts:** Open Apple Podcasts, Overcast, or Pocket Casts.
- **Control:** You can now use the buttons on your headphones or car steering wheel to skip tracks and adjust the volume.

Troubleshooting Tips

If you don't see your device in the list, try these quick fixes:

- **Distance:** Ensure your phone is within 3 feet of the device during the initial pairing.